

ROCCUTANE DIARY  
BRAND BEING TAKEN:



Dr N Raboobee  
Dermatologist

Please fill in:

Month

1 tick for each Roaccutane - R  
1 cross for each Prednisone - P

Kindly note any side effects and  
date on reverse side of diary

Please regard numbers on left hand  
column as dates and record on the  
day you start.

Indicate the start of each new box of  
60 capsules with a \* eg. \*20

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NAME:	Ro Accutane												AGE:	19											
FILE NO:	RA12345												WEIGHT:	67kg											
DATE:	12/03/2020												DOSE:	20mg twice a day											
MONTH	MAR		APR		MAY		JUN		JUL		AUG		SEP		OCT		NOV								
	R	P	R	P	R	P	R	P	R	P	R	P	R	P	R	P	R	P							
1			1	✓✓	1		1		1		1		1		1		1								
2			2	✓✓	2		2		2		2		2		2		2								
3			3	✓✓	3		3		3		3		3		3		3								
4			4	✓✓	4		4		4		4		4		4		4								
5			5	✓✓	5		5		5		5		5		5		5								
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11			11	✓✓	11		11		11		11		11		11		11								
12	✓✓	xx	12	✓✓	12		12		12		12		12		12		12								
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31	✓✓		31		31		31		31		31		31		31		31								

DATE:

DOCTOR'S SIGNATURE: